

763 Madison Rd Ste 208/209•Culpeper,VA 22701 (540) 829-2065•FAX: (540) 829-2097 www.healthyculpeper.org

A committee of Healthy Culpeper with a purpose of addressing unique problems that affect youth in Culpeper County. Special emphasis is given to reducing substance use by encouraging program coordination among various organizations that work with youth to maximize local support. Members include service providers from the community services board, health department, police, and schools as well as faith-based organizations and parents.

TEEN/ PREVENTION COALITION

Healthy Culpeper Prevention Coalition receives VA Alcoholic Beverage Control Grant to Prevent Underage Alcohol Use

The Healthy Culpeper Prevention Coalition has received a Community Coalition Grant from the Virginia Department of Alcoholic Beverage Control (ABC). The Grant was awarded in July of 2008 to assist the Prevention Coalition in reducing the rate of underage alcohol use in Culpeper County by using environmental, educational and informational strategies. The Prevention Coalition has developed three initiatives for the Community Coalition Grant including:

- 1. Increasing knowledge of underage alcohol use and prevention among fourth and fifth graders in Culpeper County Schools by implementation of a 30 minute curriculum developed by the Substance Abuse and Mental Health Services Administration (SAMHSA) titled Reach Out Now: Prevent Underage Alcohol Use. The curriculum will assist youth in understanding the effects alcohol has on the brain and body, identifying alternatives to using alcohol and effectively resisting peer pressure.
- 2. Raising awareness of underage alcohol use and prevention among residents of Culpeper County by holding a Town Hall Meeting for all residents that highlights local statistics and focuses on ways to prevent underage alcohol use. The Prevention Coalition will plan and implement the meeting following SAMHSA's model. Awareness will also be raised through various radio, TV and newspaper advertisements. A portion of the advertisements will be developed by students enrolled in the After School Arts Program who participate in a poster contest sponsored by the Community Coalition Grant.
- 3. Reducing the amount of alcohol being sold to underage residents by implementing 2 "Underage Alcohol Special Operations" in cooperation with the Town of Culpeper Police Department. These operations use an underage informant who attempts to purchase alcohol from vendors throughout the town. Vendors, as well as the clerk, who violate the under 21 law, will be ticketed.

The Teen/Prevention Coalition meets on the 3rd Thursday of every month at 3:00 p.m. in the Culpeper Human Services Board Room. If you are interested in attending a meeting or working with implementation of the Community Coalition Grant, please contact cochairs Alan Rasmussen at 540/825-5656 or Mary K. Collins at 540/948-5481.



Healthy Culpeper Goodfellows Fund

The Goodfellows Fund was created in 2006 in an effort to provide assistance to Culpeper children and their families who are experiencing medical and health crises. The simple **application packet** to apply for assistance is available at our website under Initiatives/Programs-Goodfellows. Thank you to all of the HC Goodfellows for their support!

Keeping seniors connected to the Culpeper Community through Friendly Visitor and Friendly Caller Programs

During winter months many of us hunker down inside. For those of us with hec-

tic lives a quiet time at home can be a pleasant change, an opportunity to enjoy hearth and family. For seniors who live alone, winter can be a mixed blessing, at best. Especially in these tough economic times, older adults with fixed incomes often have limited options for recreation and socializing. Physical disabilities or bad weather can also severely hamper opportunities to get out. For these individuals winter may only mean more cold, isolation and loneliness.

And yet our community's elders have so much to contribute. Participants at the 2008 Community Conversations on Aging talked about the gifts seniors bring to the community, from surviving difficult times, to raising families, to helping others, to sharing skills. These comments underscored what we know in our hearts: the vast wealth of history and wisdom in Culpeper seniors just waiting to be discovered. You can tap into this human richness and at the same time help seniors feel connected when you

volunteer as a Friendly Visitor.

Just think of all the stories. Have you ever talked to a senior about how it was: When Culpeper was all farmland? To fight in World War II? To go to school or start dating? About all the amazing inventions, technology and social changes that have taken place?

Friendly Visitors connect with homebound seniors who would welcome some companionship and stimulation. If interested in learning more about this program, contact Lola Walker with Rappahannock Rapidan Community Services Board/Area Agency on Aging (RRCSB/AAA) at (540)825-3100 extension 3358. You'll find you gain a new friend – and quite possibly a new



A four-legged friend can provide comfort and really enjoy undivided attention.

view of life in Culpeper County.

There is no underestimating the strength of friendship. "Jane" was experiencing a deep depression when she started attending

the Culpeper Senior Center. "Sally," a center member and volunteer, gave her a sympathetic ear. As Jane eventually felt comfortable enough to confide in her, Sally was also gaining a new friend.

According to site coordinator Gladys Williams, Jane is doing 100% better since making this connection. "The love of the group, and the special attention from Sally, has made all the difference."

Safety also can be a concern for older adults who live alone. Sometimes an RRCSB/AAA Senior Center coordinator visiting a homebound senior finds the person has fallen or gotten sick. The person may have been



A little walk outside can really make a difference to someone who has limited mobility.

hurt or sick for days before getting help. One older woman had fallen in her tub. Thankfully a neighbor realized her garage door had stayed open for a few days and went to check on her.

Volunteers of the Seniors United Now (SUN) Friendly Caller Program can help assure that seniors living alone are safe and healthy by calling them on a regular basis. If you aren't sure you can commit to being a regular visitor, this may be a good way to help elders stay connected. For more information contact Pastor Brad Hales at 540-825-1376.

These are some of the ways that community members can connect with and support our county's valued seniors. If your church or organization has a similar program, we would love to hear about it.

Thanks to Gladys Williams, Jenny Biche and Lola Walker for their help with this article.

For more information about how the Aging Together Partnership is working to improve quality of life for older adults, call 540-829-6405 or visit our website at <u>www.agingtogether.org</u> To find out about what the Culpeper County Aging Together team is doing to address local needs contact Jenny Biche at 540-825-7615 or ibiche@agingtogether.org.



Center for Workforce & Community Education www.germanna.edu/workforce

Daniel Technology Center 540-937-2900

Tradesmen Certification Classes: 2/7/09, 2/14/09, 2/21/09 Microsoft Office Classes: PowerPoint, Excel, Word & Basic

Spanish in the Workplace: 1/13/09 Accounting for Non-Accountants: 1/28/09

OuickBooks: 2/17/09

Adobe: Dreamweaver, Photoshop, Elements & Photoshop for Photographers

Nature Photography

Choose From:

- **Customized Corporate Training**
- Open Enrollment Classes
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Preparation:

- High-Tech Testing
- Career Readiness Certificate
- Personal Enrichment Classes
- Courses for Children and Parents
- Middle College **GED Testing**

Please call the Daniel Technology Center (540) 937-2900 or register online at www.germanna.edu/workforce

Disability Services Board

The Culpeper County Disability Services Board (DSB) is an advisory board made up of volunteers appointed by the Culpeper County Board of Supervisors and is charged with identifying, planning for and addressing the needs of persons with physical and sensory disabilities. These tasks are accomplished by:

- Conducting bi-monthly meetings that are open to the public
- Producing and presenting a triennial needs assessment to local and state entities for programmatic and fiscal planning
- Providing an opportunity for local organizations to apply for a grant-based funding incentive

While the Culpeper County Disability Services Board does not provide direct services to consumers with physical and sensory disabilities, the DSB is able to provide general information and direction to other service providers in the

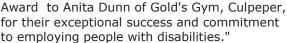
Disability Services Boards are State Mandated

In 1992, the Virginia General Assembly legislated the development of the Disability Services Boards to assist localities in identifying and addressing the needs of persons with physical and sensory disabilities in their communities. The Disability Services Boards and their grant program, the Rehabilitative Services Incentive Fund, originated in a 1992 report of the Disability Commission. In studying services for people with physical and sensory disabilities, the Commission found that planning for programs and services had traditionally been developed at the state level and implemented locally. In response to this finding they created local Disability Services Boards as the infrastructure for locally based assessment and planning. The DSBs provide a bottom-up approach to service planning which is different from the prevalent top-down planning.

The Disability Services Boards are a vital part in the development and expansion of services to improve access for citizens living in the Commonwealth of Virginia. Local government appoints the board members to fulfill this charge by the General Assembly. Membership is comprised of local government representatives, business representatives, and individuals with physical or sensory disabilities or family members of people with physical or sensory disabilities. The Disability Services Board is also required to have two business representatives and thirty percent of members must represent a physical or sensory disability.

Duties of the Culpeper County Disability Services Board

- Develop and make available for public comment an assessment of local needs and priorities of people with physical and sensory disabilities, updated every three years
- Administer the Rehabilitative Services Incentive Fund and serve as a catalyst



Chairman Tim Brown (right) and Vice Chair

Culpeper DSB's Disability Friendly Business

Caroline Graham (middle) presented the

for the development of public and private funding sources

- Provide information and resource referral to local governments regarding the Americans with Disabilities Act
- Exchange information with other local boards regarding services to persons with physical and sensory disability and best practices in the delivery of
- Provide other assistance and advice to local governments as requested

Current Culpeper County Disability Services Board Membership

- Timothy Brown, Chair
- Caroline Graham, Vice Chair • Tom Underwood, Board of Supervisors representative
- Betsy Fry
- David Scott
- Kristie Johnson • Linda Noonan
- Petrina Thomas
- Daniel Rowan
- Amy Tyner

For more information on the Culpeper County Disability Services Board, please contact the Rappahannock-Rapidan Regional Commission, which provides staff support for the DSB at (540) 829-7450 or online at http://www.rrregion.org/culpeper_dsb

Virginia Cooperative Extension **Nutrition and Calving Percentage**

By: Carl C. Stafford, Extension Agent

By the time you read this article, winter will be here and the nutrition of your livestock will be one of your top priorities. Among beef producers, another top priority is the impact nutrition has on calving percentage and how this changes your bottom line. The mama cow that annually produces a calf is the beginning for income from beef production. This statement ignores birth weight, milk production, weaning and yearling weights as none of them matter if your cow does not calve annually.

Reproductive success is directly tied to good body condition in cows. It's a known fact that thin cows breed back about half as frequently as cows that are carrying adequate flesh. An established body condition scoring system ranks cows from 1 to 9, with 1 being extremely thin and 9 being extremely obese. You guessed it, adequate body condition is in the middle at 5 to 6 condition score. An Extension publication is available that gives more details on how to condition score your cows, a recommended practice that helps you take inventory of your herd status.

Signs to look for in evaluating condition are commonsense signals you already know. If she is sharp across the top and you can make out the ribs and backbone you have a thin cow and if she is "shelvy" on top, has pones of fat around the tail head and no ribs in sight, she's fat. Cows at either extreme will have reproductive problems.

Your job as a cow manager is to have cows maintaining or gaining weight when the breeding season starts. Your biggest challenge in this will be your first calf heifers that are nursing, breeding back and continuing to

grow all at the same time. They will benefit from being fed better than adult cows and will pay you back for this extra effort. Put them in a separate group and give them the best you have.

Beef and dairy experts alike advocate a 24-month age at first calving for their heifers. However, many beef and dairy farmers tend to calve out heifers at an older age, some as old as 30 months. They do this because they find older heifers give them fewer problems. The drawback to calving older heifers is you wait longer to pay yourself back for the expenses leading up to that first calf. Economists and animal scientists agree that you are financially better off to calve heifers at 24 months of age. They recognize that this requires more management but do expect it to pay out.

Beef producers can follow the dairy industry, as these farmers have learned to be sure that cows put on flesh in late lactation and during the dry period. If they wait until the next calf to try and put on condition, it affects not only lactation but reproduction as well. To avoid breeding problems in beef cows, they have to calve out in good condition and consume pasture or stored feed that at least maintains this condition.

You can avoid a trap if you evaluate body condition in advance of calving, while you still have time to make a change, if needed. It's easier to put on weight when demands are lower. Once calved out, the cow must at least maintain her weight to achieve high conception rates. Once you are successful at improving conception rates and calving percentages, turn your attention to the importance of weaning and yearling weights, bull selection, and feeder cattle marketing and forage management.

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Virginia Cooperative Extension (Continued)

Managing the Farm Transition Workshop Series

Peter Callan, Extension Agent Farm Business Management

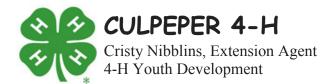
Virginia Cooperative Extension, in cooperation with North Carolina State University Cooperative Extension, Virginia Tech and the North Carolina Farm Transition Network Inc. will conduct the "Managing the Farm Transition" Workshop Series. This program, which will help farm owners and the "next generation" to plan for the successful transfer of the farm land and business, will be held at evening meetings for five consecutive weeks during February and March 2009. Time will be provided during the workshop series for participants to develop a farm transition plan for their farm.

This is an in-depth, five part, hands-on workshop series designed to provide participants with the information they need to develop their farm transition plan. Some of the topics that will be included in the workshop series are:

- → Understanding Farm Family Conflict
- → Goals for the Future of your Farm
- **→** Farm Profitability
- ★ Retirement Planning
- ★ Estate Planning Planning the Future of your Farm Estate
- → Tax Management Issues
- → Business Organization
- **→** Selling or Leasing the Farm
- → Farmland Protection Tools: Are they Right for your Farm?
- → Tax Basis in Property and Sale of Farm Assets
- ★ Equal versus Equitable: Consideration of the Heirs Adjusting to the Transition

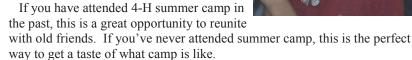
The speakers for the workshops are individuals who are familiar with the legal issues, tax ramifications, farm profitability and family communication concerns surrounding the farm transition issues that farm families must consider every day. They include Jesse Richardson of Virginia Tech, Andrew Branan of the NC Farm Transition Network, Peter Callan Farm Business Management Agent and Jillian Tucker Family and Consumer Sciences Agent.

The five part workshop series will be held on consecutive Wednesday evenings from February 4 – March 4 at the Elks Lodge in Charlottesville. The workshops will be conducted from 5:00PM-9:00PM. For more information, please contact Peter Callan at peter.callan@vt.edu or 540-727-3435 ext. 342.



4-H Culpeper-Shenandoah-Rappahannock Winter Camp

Weekend is just around the corner. Come join us at the beautiful Northern Virginia 4-H Educational Center for a weekend of games, classes, special evening programs, and campfires. The facilities include dorm style lodging, conference center, and dining hall. Class choices include basket weaving, crafts, karaoke, special effects, Japanese, video production, cooking, drama, etc.



Winter Camp date: February 27-March 1, 2009

For more information, or to register for this fantastic camping opportunity, please contact the Culpeper Extension Office at (540) 727-3435 Ext. 0

CULPEPER 4-H COMMUNITY CLUB



There are currently 15 4-H
Clubs that meet on a monthly basis throughout Culpeper County. Some clubs are available to youth as young as 5 years old while others begin at age 9. The principles of 4-H

include teaching leadership, citizenship, and life skills in a hands-on experiential manner. Whether you live on a farm or not, 4-H is for you!

Our newest club is the Culpeper 4-H Community Club. This club's mission includes providing youth experiences to learn about the community around them, discover new interests and hobbies, and explore possible career opportunities. This club is currently working on a photography project among many other exciting things! The Culpeper 4-H Community Club meets at the Culpeper Extension Office located at 101 S. West Street on the 1st Monday of every month at 6:00. Come join them for a meeting and see what 4-H has to offer.

For more information about 4-H clubs, camps, educational workshops, special events, etc. please contact Cristy Nibblins at 540-727-3435 or by email at nibblins@vt.edu. Don't forget to check out our website: http://www.ext.vt.edu/offices/culpeper

If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in any Extension activity, please contact Virginia Cooperative Extension, Culpeper Office, at

(540)727-3435 during business hours of 8:00 a.m. to 5:00 p.m., Monday through Friday, one week prior to this event to discuss accommodations.

www.ext.vt.edu

Extension is a joint program of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and state and local governments.

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Health Department Black Widow Spiders – A Treatable Bite

Mary K. Collins, MS, CHES, District Health Educator

nity

to

what it could be

learn

Black Widow spiders are poisonous spiders that can be found in Virginia. The spiders are not aggressive but will bite if they are touched or feel their egg sack is in danger. Female spiders are shiny and black, with a bright red or orange hourglass-shape on their underside. They can be up to 1½ inches long and spin a messy web which they never leave, hanging belly upward. Males are smaller and less brightly colored with light streaks on their abdomen. Because of their smaller size, the male spiders are harmless.

Black Widow spiders live in dark, moist, undisturbed places. They are usually found in woodpiles, rubble piles, under stones, in hollow stumps and in rodent burrows. However, the spiders will also live in sheds, garages, outdoor toilets, meter boxes and basements. In the fall, they seek the warmth of indoors or can be brought inside with firewood. Removing all materials where the spiders may build a nest will prevent them from living in and around your house. You can eliminate the spiders by knocking down the web, the spider and the egg sac with a stick and then crushing them with your foot.

The best way to prevent a Black Widow bite is to keep an eye out for the spider when working around areas where they may live. When carrying fire wood it is best to wear gloves and long sleeves. You should also take precautions, such as looking before placing your hand into a crevice or dark area.

Black Widow bites can be sharp and painful, similar to a bee sting. However, some people do not feel the bite at all. The venom is a powerful neurotoxin that affects the nervous system. Some people will have only a slight reaction, while others may react more severely. Children and the elderly are most likely to be severely affected. Symptoms usually develop within twenty minutes to one hour of being bitten. They can include redness and swelling at the site of the bite, headache, sweating, muscle pain or cramping, nausea, vomiting, anxiety and sometimes chest pain or difficulty breathing.



Female Black Widow Spider

If you are bitten by a Black Widow spider it is important to stay calm. These bites are very treatable and rarely cause death. You should wash the wound with soap and water and call the Poison Control Center at 1-800-222-1222. The poison center will help you decide what treatment is needed.

For more information on Black Widow spider bites please call the Blue Ridge Poison Control Center at 1-800-222-1222 or Mary K. Collins, Health Educator at the Department of Health, 948-5481 x21.

Who are the RRMRC Volunteers and What Do They Do?

356 community members from Culpeper, Fauquier, Madison, Orange, and Rappahannock are volunteers with the Rappahannock-Rapidan Medical Reserve Corps. They are people from all walks of life, both retired and working, ages 14 and up. They want to be prepared to help their community in a public health emergency.

RRMRC volunteers participate in trainings and drills to keep up their skills. There are six competencies which the volunteers are asked to complete: Orientation, Category A Biological Agents, Incident Command System, National Incident Management System, All-Hazards Preparedness, and Psychological First Aid. RRMRC volunteers are also asked to put together a go—kit and map out an evacuation route. When the volunteers participate in a drill both as staff and volunteers, they have the opportu-

Rappahannock-Rapidan



Culpeper-Fauquier-Madison Orange-Rappahannock

like in an emergency. The volunteers can choose from a variety of other training that are offered. Training may be completed online or in person.

More volunteers are always needed. To learn more about how YOU can help your community, the Rappahannock-Rapidan Medical Reserve Corps invites you to join us at our next orientation on January 15, 2009. To register with the RRMRC go online to http://rrmrc.vdh.virginia.gov or call 540-829-7350 x132.

To schedule a presentation on Pandemic Influenza and All-Hazards Preparedness for your business or community group please contact the RRMRC at 540-829-7350 x132, or rmmc@vdh.virginia.gov

Options—About the Numbers

Contributed by Susan Kroh, Options Community Service/Assessment Specialist

Options is a county agency dedicated to working with youth in our community, providing group services primarily to residents of Culpeper County. Substance Abuse Brief Intervention, Substance Abuse Treatment, and Intensive Substance Abuse Treatment, Anger Management, Healthy Relationships, Healthy Choices and Grief Recovery are the groups currently offered at Options. Evidence-based practices are employed in the group processes to ensure that the programming has demonstrated proven results to make a difference. Certified staff members and a Licensed Professional Counselor, with expertise in their program topic, facilitate all groups. Experienced staff schedule and supervise youth performing community service at many county, school, and nonprofit agencies.

As with any program using evidence-based practices, it is important to continually evaluate and document the effectiveness of the program provided to the youth. So it comes down to the numbers to garner the worth of an agency and its practices.

In the fiscal year 2007 – 2008 Options received 306 referrals for services from the Juvenile Probation Department, school staff, and parents seeking help for their children. This number represents a 130% increase in referrals over fiscal year 2006-2007.



Sixty-four juveniles completed Substance Abuse Programs, and fortycompleted Anger Management. As the need for these services grows, Options continues to expand its focus and offer more group services.

Options staff and workers have been privileged to provide services to many county agencies and non-profit organizations including Piedmont United Way; Culpeper County Library; Culpeper County Airport; Chamber of Commerce; Culpeper Renaissance; the Schools; and the Culpeper Landfill, as well as events such as CulpeperFest, Soap Box Derby, Community Conversations, Commodity Distribution, and the AirFest. Juvenile workers completed 7,021 man-hours of community service.

Based on current minimum wage this translates to \$41,073 dollars in labor.

A new tool became available in 2008: the Youth Assessment and Screening Inventory (YASI). Initiated in the latter part of March 2008, seventy-two assessments have currently been completed to identify high risk factors in the lives of Culpeper's youth. The YASI results have shown that the areas of Skills, Attitudes and Aggression have the highest risk factors. After identifying risks, the youth are referred to one of seven different evidencebased therapeutic groups at Options designed to provide them with tools they need to make healthy choices and help to lower those risk factors. Referrals are also made to outside agencies, depending on the need that has been identified. Reassessments are conducted following receipt of services in order to determine the effectiveness of the services offered. Currently pre/post tests of participants in the Anger Management program have shown most improvement in the area of self-concept. The biggest im-

The Youth Work Force Program is under way! Youth, ages 14 - 21, who meet income eligibility requirements are invited to meet with the Work Force case manager at Options for assistance with developing a plan to establish their career and educational goals. Job search, mentoring, job



shadowing, and/or internships may be components of the training

provement seen in those who complete the Substance Abuse Programs are in the areas of stress coping skills and self-esteem.

Referrals are accepted from schools, courts, human service agencies, or through parent/guardian self-referral. Currently potential employers have been contacted. Any employer with a desire to help youth attain their career goals by providing job opportunities or mentoring is encouraged to contact Linda Murphy at Options.

As much as it might be "all about the numbers," at Options we also believe it is all about the kids.

You can reach the Staff of Options by calling 540-829-2129

CodeRED Emergency Notification System

phone notification system allowing emergency services personnel to deliver pre-recorded emergency telephone messages to the entire county to warn of disasters such as hurricanes or to specific areas for incidents such

This emergency notification system will give information so citizens can take appropriate action.

All businesses and individuals should register the prime number they want called.

Go to www.culpepercounty.gov and follow the link to "CodeRED Residential and Business Data Collection or call (540) 727-7900,

NOTICE—Culpeper Town and County implemented an emergency tele-Monday through Friday (8 a.m. to 4 p.m.) to register your information. Required information includes first and last name, physical street address (no P.O. boxes), city, state, zip code and primary phone number. Additional phone numbers are optional. The street address will determine whether you are called if an incident is site specific, such as a local gas leak.

The information will only be used for notification of emergencies.

Questions should be directed to the **Culpeper County Public Safety** Communications Center (540) 727-7900.

Criminal Justice Services

J. Andrew Lawson, Director

Program Overview & Mission Statement

Culpeper County Criminal Justice Services (CJS) provides local probation supervision to jailable misdemeanor offenders and nonviolent felon offenders. Our Mission Statement is as follows:

The Culpeper County Criminal Justice Services Program is committed to developing, establishing and maintaining community-based corrections programs that hold offenders accountable by providing sanctions, services and alternatives to incarceration, while providing leadership and coordination throughout the entire criminal justice system.

Cost/Benefit Analysis

Local Probation Supervision is a far less expensive option than jail. It should be noted that not all offenders are appropriate for CJS placement and CJS is certainly not designed or meant to alleviate the need for a jail.

In FY 2008, it cost the County approximately \$80 a day to incarcerate an inmate in the Culpeper County Jail. During this same time period, it cost \$3.59 a day for CJS to supervise an offender. This is a cost saving to the County of \$76.41 per offender per day.

Offenders referred to CJS are allowed to remain in the community under supervision. Rather than filling jails, they work, attend school, receive treatment, and pay taxes, child support, restitution, court costs and fines

for more information.

FY 2008 Probation Placements

	FY08	FY07	FY06
General District Court Juvenile & Domestic Relations Court Circuit Court Transfer-In Cases	551 182 31 49	709 138 45 75	449 142 37 60
Total Average Daily Caseload Monitor Cases	813 285 31	967 312 8	688 233 17

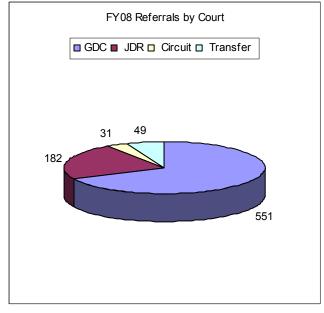
76% of misdemeanor and 75% of felon offenders were closed successfully as completing all court requirements

\$105,255 facilitated in court costs and fines

\$29,774.10 facilitated in victim restitution

15,438.50 community service hours completed

(\$90,315 of labor based on minimum wage)



Demographic Statistics

Average 29

Age:

More often than not the typical person placed with CJS is a white male, approximately 29 years old, is employed and has never been married.

∧ye.	Average 23			
Gender:	Male 73%	Female 27%		
Race:	White 43%	Black 20%		
Employment: Marital Status:	Hispanic 36% Employed 78% Never Married 59% Separated 7%	Other 1% Unemployed 22% Married 27% Divorced 7%		
Placement in	Services	FY08	FY07	FY06
Substance Abu	se Training	254	260	219
Substance Abuse Education		50	40	39
Substance Abuse Counseling		59	67	74
Long-Term Inpatient (28+ days)		9	11	12
Short-Term Detox (307 days)		3	4	2
Shoplifters Group		9	13	29
Anger Management		23	29	14
Batterer's Intervention Program		34	37	38
Community Service		553	613	398
Other(DVI/Mental Health/Parenting)		97	92	96

CJS Litter Pickup Program

CJS began a litter pickup program in July 2006. Offenders are assigned a section of County roadway for their community service. Offenders completed the following for FY08:

*37.07 tons of trash picked up (CJS is using an average weight of 17 lbs per

bag and **4,361 bags** were picked up) *1,317 miles of roads cleaned

*3,670 hours of credit given for community service

*93 tires picked up

Since July 2006, a total of 2,522 miles of Culpeper roads were cleaned and 78.11 tons of trash were removed.

Culpeper Literacy Council

Classes and tutoring available 7 days a week. Our programs are free.

and offer GED tutoring to inmates in the local jail. We provide one-on-one tutoring for those who wish to learn to read or to improve their literacy skills. We also teach English as a second language, and have EL Civics Classes available as well. Please call us

We offer day and evening GED classes

We are planning a 3rd Annual Community Spelling Bee that will be held on Thursday, the 26th of March, 2009 in Culpeper. To participate as a team of 3 or sponsor our event, please contact the administrative office Monday thru Friday 9-2pm, at 540-825-5804. Please help us to help others succeed. Culpeper Literacy Council is a 501 (c) 3 non-profit organization. All donations are tax-deductible.

Please make checks payable to: Culpeper Literacy Council 415 S. Main Street, Suite 204 Culpeper, Virginia 22701

415 South Main Street, Suite 204 Culpeper, Virginia 540-825-5804 www.culpeperliteracy.com





Attention High School Students! Are You Interested in Money for College? Envirothon May Be for You

The Virginia Envirothon is a natural resources competition for high school students. Students who participate learn stewardship and management concepts and work to solve real and hypothetical problems. The program is field-oriented, community-based and gives students an opportunity to work with natural resource professionals.

Students work in groups of five to seven. While coaches are typically teachers, they can also be athletic coaches, Sunday school teachers, parents or other adults. If you are interested in participating, we will find a coach for you.

The Envirothon competition includes stations on soils, forestry, wildlife, aquatics and the special topic. Additionally, a problem that addresses the special topic will be given and teams develop an oral presentation giving solutions to the problem. While you learn, we will connect you to natural resource personnel to help, including foresters, soil scientists and fish and wildlife experts.

The special topic for 2009 is Biodiversity in a Changing World. Topics in previous competitions include Water Stewardship in a Changing Climate, Alternate Renewable Energy and Recreational Impacts on Natural Resources.

Did You Say Money For College? Yes! The Envirothon has 3 tiers of competition. The first tier is a regional competition, which will be held on April 22, 2009, at James Madison's Montpelier. The 1st, 2nd and 3rd place teams at the regional competition go on to the State Competition, which will be held in May 2009 at an undecided location. The 1st place team from the Virginia competition goes on to the Canon Envirothon and a chance to win \$75,000 in scholarship money and photo equipment. The 2009 Canon Envirothon will be held in Asheville, NC.

In addition to the Envirothon program for high school students, the District has a hands-on program for 3rd grade called the Soil Tunnel. The Soil Tunnel is a 3-D, interactive model to educate young people on soils. The Soil Tunnel addresses 11 soil topics in the Standards of Learning (SOL) for 3rd grade. These include soil layers, soil textures, types of weathering, erosion and types of rocks.

During the 2007-2008 School Year, CSWCD staff visited all of the 3rd grade classrooms at Emerald Hill, Farmington and Pearl Sample Elementary Schools – a **total of approximately 360 students**. Besides the Soil Tunnel, the activities included samples of each soil texture and soil boxes to show soil erosion and the impact of vegetative cover.

In August 2006 Culpeper Soil and Water Conservation District received a grant from the Chesapeake Bay Restorative Fund Advisory Committee to develop the Soil Tunnel. The fund receives monies collected by the Virginia Department of Motor Vehicles for the "Friend of the Chesapeake Bay" license plates. For each plate sold or renewed at \$25, \$10 goes to the DMV and \$15 goes to the Chesapeake Bay Restorative Fund Advisory Committee. The fund, which is under the Virginia Division of Legislative Services, advises the General Assembly on how the money collected should be spent for educational projects targeting the Chesapeake Bay. The license plates have been available since 1992.



2009 Rain Barrel Workshops

If you want to conserve water or even lower water costs, a rain barrel is just one step in promoting environmental conservation practices. A rain barrel collects and stores rainwater from your rooftop to use later for things like lawn and garden watering and washing pets. A barrel will save water during peak summer months for use outdoors, instead of paying a higher water bill or using your well and electricity.

The Culpeper Soil and Water Conservation District has found a new and reliable source of barrels for 2009 workshops. If you would like to be added to that list, call Stephanie DeNicola at 540-825-8591 or send an e-mail to

Stephanie.DeNicola@va.nacdnet.net

For more information about lawn care, best management practices, reporting pollution, moving dirt and other issues regarding soil and water conservation, please contact Stephanie Rose DeNicola, Communications Specialist of Culpeper Soil & Water Conservation District at (540) 825-8591.

Building Department Remodeling

With winter fast approaching, many of us are planning indoor projects. When the scope of work moves beyond painting, floor coverings and other cosmetic work, a building or trade permit may be required. One project, which is very popular in the winter months, is the finishing of basements.

In the recent years most new homes were built with future bathroom plumbing already installed in the basement floor. This creates many possibilities for the future expansion of living space in the home. These range from family rooms, kids play rooms, exercise rooms, additional bedrooms and yes "Man Caves!" Even though the wall framing required for these remodels is nonstructural (in most cases), building and trade permits are still required.

To help expedite the permit process, we offer a "Basement Package." This, along with whichever trade permits are required, are issued over the counter 99% of the time. This package, similar to our deck package, covers many of the code sections related to the project in a concise pamphlet. In the event that a required egress (door or window) leading out of the basement is not provided, we will require a plan showing the details on how this will be achieved. This does require a review process and cannot be issued the same day.

One thing to keep in mind when adding sleeping areas, private septic systems are designed by the number of bedrooms in the dwelling. Example: If your house was originally a three-bedroom and you are adding one additional bedroom, this would impact your septic system and may require an expansion of the drain field. Conversely there is no impact when connected to a public sewer system.

Our "Basement Package" and application are available on our web site in PDF format. www.culpepercounty.gov, link to Building Department.

SUPPLEMENTAL HEATING

It's no secret, heating costs have increased and everyone likes to save energy and money, subsequently we add systems, to supplement our existing system or even new structures, that may have deadly consequences. This article is to advise our citizens on the issues of installing some types of heating appliance. It may be fueled by gas, oil, coal, wood or pellet-type, but the important thing to remember is if used in conjunction with another heating source, research the product to ensure it is compatible and safe.

As per code, all mechanical systems installed must be listed and labeled for use for the specific application. This listing provides the name of the testing agency. There are numerous testing laboratories with a wide variety of trademarks that identify their work. The labeling of the appliance, depending on what type of appliance it is, requires specific information to be on the nameplate, anything from rating in volts, amperes or watts, motor phase for electric comfort heating appliances to British Thermal Units (BTU), for absorption and fuel burning appliances. Additionally, it must state the type of fuel. Some appliances like gas logs, stoves, heating units or water heaters may be dual fuel certified. They may be able to be used with liquid propane or natural gas.

Fireplaces in singlewide, doublewide trailers or modular homes

require research. The heat generated by one of these units could create a situation where there could be combustion issues of material in close proximity to the fireplace. If planning to supplement the heating system by installing one of these appliances, make sure it is rated for use in that particular dwelling. The issue of "combustion air" is critical to the operation of any fuel-burning appliance. Combustion air is the amount of air required to allow the appliance to operate safely and properly.

Prefabricated gas fireplaces are popular products for aesthetics and supplemental heat. There are two types: vented and non-vented flue type. The vented flue type will have a flue pipe to the outside and will generally have a fresh air intake incorporated within. Non-vented means just that, it can be installed anywhere in the house (not in sleeping areas) with no flue pipe needed. Wall-hung liquid propane or natural gas room heaters are also available. With the exception of the direct vent prefabricated fireplace, the non-vented (ventless) and wall-hung heater (also ventless), depend

If using the air from the inside of the structure for combustion air, the following requirements must be met: 50 cubic feet per 1,000 input BTU (British Thermal Unit). The input BTU rating can be found on the listing label on the appliance.

on proper combustion air to operate safely and efficiently.

Cubic feet are calculated by the square footage of the floor multiplied by the height of the ceiling.

Example: A 12'x24' living room with a 35,000 Btu input non-vented gas fireplace.

12' x 24' x 8' = 2,304 cubic feet

35,000 divided by 1000 = 35.

35x50 cu ft = 1,750 cu ft of combustion air required. The room is of adequate size to install the fireplace. If the room was too small, alternative methods could be used to utilize more interior air or outside air could be used to supplement.

Carbon monoxide, also known as the "Silent Killer," is surely nothing to take for granted. Permits are required for the installation of gas and solid fuel (oil, coal, wood, pellet etc.) appliances to ensure the equipment is being installed to code and to the manufacturer's installation requirements.

Be sure the contractor that has been selected is certified in his or her trade, and holds a Virginia Contractor's License.

If taking on a DIY project, contact us for any code or administrative questions you may have.

MISCELLANEOUS:

<u>Please visit our web site for our updated commercial and residential fee schedule.</u>

We will be holding a 2006 USBC Code update meeting in the month of February; the 2003 USBC codes will no longer be used starting May 1, 2009. Please check our web site periodically or enroll in the CANS (Culpeper Automated Notification System) on the County web site www.culpepercounty.gov (under e-services) to receive notification.

Have a safe winter.

Robert P. Orr, CBO Building Official, Culpeper County 540-727-3405

From Your Commissioner of the Revenue

Terry L. Yowell

Attention Farmers:

In March of 2008, Culpeper County Board of Supervisors amended Culpeper County Code Chapter 12, Article 1, Section 12-4 to further define property which may be considered exempt from local personal property tax. The local amendment was a result of legislation enacted by the General Assembly pertaining to **trailers used by farmers in the farming industry**. The Culpeper County Code Article 12 entitled Taxation has been amended as follows:

Sec. 12-4. Exemption from taxation for certain classes of household goods, personal effects, farm machinery and livestock.

- (a) Culpeper County may, by separate ordinance, exempt from taxation those classes of household goods, personal effects, farm machinery and livestock as described in §§ 58.1-3504 and 58.1-3505 of the Code of Virginia, 1950, as may be amended from time to time. (Ord. of 10-4-1994; 3-4-2008)
- (b) As of March 4, 2008, the following classes of personal property shall be exempt from personal property taxation:
- (1) Household goods and personal effects as set forth in Section 58.1-3504(A), 1-10 of the Code of Virginia;
- (2) Farm animals, grains and feeds used for the nurture of farm animals, tobacco, wine produced by farm wineries, farm machinery, farm implements and **privately owned trailers used in farming**, all as set forth in Section 58.1-3505(A), 1-11 of the Code of Virginia.
- (c) For purposes of subsection (b)(2), the terms farm machinery, farm implements, and **privately owned trailers used in farming shall mean those items which are predominately used in grain and/or livestock farming by a farmer** as herein defined. A farmer for purposes of this subparagraph is a person who files with the Internal Revenue Service, for purposes of reporting income and expenses from farming operations, IRS Form 1040, Schedule F or a similar tax return if the entity is incorporated and/or files as a Partnership. (Ord. of 3-4-2008)."

In order to apply for tax exempt status for your farm trailer, you must submit applicable income tax schedules to support qualifying farming activity. Please note that not every act ancillary to the farming industry would qualify a trailer for this exemption. If you transport grain or live-stock, you may be considered in the business of "transporting" as opposed to farming. If you deliver pesticides or fertilizer, you may be considered a service provider as opposed to farming. If you are unsure of whether your activity is considered farming for the purpose of this section, please contact me for more information. **This language does not include farm vehicles. You must continue to report vehicles used in the farming industry for the purpose of local assessment and personal property taxation.**

Commissioner of the Revenue 135 West Cameron Street 540-727-3443 Real Estate Assessments Office 118 W. Davis Street 540-727-3411 8:30-4:30 M-F

COMMISSIONER OF THE REVENUE DIVISION OF REAL ESTATE ASSESSMENTS

REAL ESTATE: The Real Estate Assessments Division of the Commissioner of the Revenue's office has completed the general reassessment



of real property for January 1, 2009. The information will be sent to the printer for mailing by mid-February. After receiving your assessment notice, please feel free to call us with any questions or concerns you might have regarding your assessment. The reassessment notice will include directions and deadlines for contacting our office and/or attending a public hearing of the Board of Equalization.

LAND USE: The Land Use program in Culpeper County is intended to be used to preserve agricultural land and to encourage the proper use of that land. Though agricultural, horticultural and forested acreage meeting the specified requirements are assessed at market value, a Land Use value is established for taxation purposes, thus allowing an incentive to the owner to continue that use. Owners of land enrolled in the Land Use program must validate such use upon the completion of a general reassessment. Revalidation applications will be mailed to all owners of land presently enrolled in the program, along with instructions and deadlines. If you have questions concerning your ability to qualify for a Land Use assessment or a property currently enrolled in Land Use, please contact the Assessments office.

TAX RELIEF: The Culpeper County Board of Supervisors has continued the use of the existing tax relief program for the elderly and disabled, however, the qualification criteria have been enhanced. Effective January 1, 2009, the gross income of the household has been increased from \$35,000 per year to \$50,000 per year. The property owners' combined financial worth, excluding the dwelling and up to 10 acres of land on which the dwelling is situated, cannot exceed \$200,000. Real Estate tax may be relieved for an amount up to \$1,500 under the new qualifications. Existing participants in this program will receive a letter with information for reapplying for the program. If you feel you may qualify or have questions concerning this program, please contact the Assessments of-fice.

The Real Estate Assessments Division of the Commissioner of the Revenue's office is located at 118 West Davis Street, Suite 100. The office can be reached by phone at(540) 727-3411. Please feel free to visit or call weekdays between 8:30 AM and 4:30 PM.

OFFICE OF THE TREASURER CULPEPER COUNTY

David L. DeJarnette, Treasurer

Culpeper County Vehicle Decal Requirement Eliminated:

Effective January 1, 2009, Culpeper County citizens are no longer required to display a county vehicle decal. Along with many localities throughout Virginia, Culpeper County will no longer require the physical windshield decal. Taxpayers will still be billed for the annual "vehicle license tax fee" on their annual personal property tax bills based on their ownership of vehicles as of January 1 of each tax year.



ONLINE TAX PAYMENTS:

ONLINE PAYMENTS of Personal Property taxes and Real Estate taxes with credit card or eCheck now available (2% Convenience Fee added for credit card transactions); Go to website & click on "eServices" at top of Home page, then select "eTreasurer".

Real Estate tax payments require a valid e-mail address and that you select the correct real estate tax bill to be paid by name, account number, tax map parcel number or Department Number/Ticket (Bill) Number. Once selected, proceed to "Checkout" to complete the tax payment.

Personal Property tax payments or inquiries require that you establish a PIN (Personal Identification Number); click on "Payment Options-Personal Property Tax" or Inquiry Options-PP Public Inquiry", then select "To create a PIN or other PIN Options, Click Here"; You may then "Create a New PIN" using your personal identification information and e-mail address (Customer Service Number is your social security number), select your Personal Property tax bill to be paid and proceed to "Checkout".

Dog Tag Purchase Requirement:

Culpeper County requires that every dog of resident owners or custodians who reside within the boundary limits of the County be licensed on an annual basis (unless the dog is trained and serves as a guide for a blind person or a hearing dog for a deaf or hearing-impaired person). This **includes** dogs that reside in the Town or are exclusively house pets.

Commonwealth of Virginia laws require that veterinarians notify local Treasurers of all monthly rabies vaccinations. If the owner does not purchase a dog tag within 90 days of the vaccination, they will be billed for the fee. If after 30 days notice, the owner still has not purchased a dog license, the Treasurer shall notify animal control of all owners who received rabies vaccines and have not purchased a dog license.

You may purchase your dog license/tag by mail or in person at one of two locations: Culpeper County Treasurer's Office, Courthouse Building, 135 W. Cameron Street Culpeper VA or Department of Animal Services 10144 James Monroe Highway Culpeper VA. The current fees are \$10.00 for a sexed dog or \$5.00 for an unsexed dog. Kennel license tags are sold at Treasurer's Office only and are sold in blocks of ten (10) for \$50.00.

Phone: (540) 727-3442 Fax: (540) 727-3478 E-mail: ddejarnette@culpepercounty.gov



CULPEPER COUNTY

SHERIFF'S

OFFICE

SHERIFF JAMES H. BRANCH

GIVING BACK TO THE COMMUNITY





The Sheriff's Annual Golf Tournament raised over fourteen thousand dollars this year. Proceeds are used to fund SHOP WITH A COP, Culpeper Senior Nutrition Site, and Culpeper Free Clinic.



MID ATLANTIC POLICE MOTORCYCLE SAFETY SKILLS COMPETITION

Each year over 120 Officers from different jurisdictions participate in this competition.

Master Deputy Chad McKnight won 5th place and Deputy Greg Butler won 3rd place. Congratulations to both! Culpeper will be hosting in September 2009 The Mid-Atlantic Police Motorcycle Safety Skills Competition.

Culpeper County Sheriff's Office is currently taking applications for the lifesaver program. If you or someone you know could benefit from this program, please contact Deputy M. Rodriguez at 540-727-3444 ext. 326



110 W. CAMERON ST. CULPEPER VA. 22701 PHONE: (540) 727-7520 FAX: (540) 727-3466 WWW.CULPEPERSHERIFFSOFFICE.COM



Have you become physically and/or verbally abusive to your spouse or significant other? Help is available.

Contact Culpeper County Criminal Justice Services at 540-727-3450 for a referral to a treatment provider.

Culpeper Regional Airport Annual Air Fest

by Tanya Woodward, Manager

Air Fest 2008 - What a show!

This show was by far our most amazing, not just for the spectacular air demonstrations that we had, but for the outpouring of monetary support from our local businesses that allowed us to once again provide the public with a free event. Every year, I write on how we perceived that the show went. Well this year I am going to quote some of the wonderful comments that we have received regarding the event. As part of our continuous improvement, if you have comments and or pictures that you would like to share, please email me at: culpeperairport@hotmail.com We would be delighted to hear from you.

One gentleman from Locust Grove wrote: "I just wanted to thank Culpeper Airport and the Culpeper County Government for hosting the Culpeper Air Show this past weekend. We have not been able to afford to go on vacation this year or do much at all with the economy the way it is and the high price of gas...We had a wonderful time. The food and drinks were very reasonable and our family was able to have a really good time...I thought I would never see that many War Planes in one place and to top that off, seeing them fly in formation. ...my girlfriend's son who's 14 got to take a free airplane ride (Young Eagles program). We were so happy for him and it meant a lot to us and him to have that opportunity...Thank you again for a wonderful time."

Another email from a gentleman went like this: "Culpeper Regional Airport may be a relatively small venue for an airshow, but don't try to tell the organizers that. On Saturday October 11th the 9th annual Culpeper Air Fest took place. The weather was perfect, and there was



Bealeton Flying Circus

Photo by Mike Sherba

walking display.

Mike Lakin performed in his amazingly agile Super Decathlon. Ron "Sag" Saglimbene performed in his Siai Marchetti SF260. Ron represents "the other side" of aerobatics with his smooth graceful flying. Ron flies loops, Cubans, point rolls and other aerobatic maneuvers down low- making it look easy. Adding a unique twist to Ron's act is his tricolor smoke system. His SF260 pumps out red white and green smoke throughout his demo. Kevin Russo flew in his beautifully restored SNJ-6/T-6 aircraft. His aircraft, a restored SNJ-6, was built in 1944 and delivered to Pensacola NAS FL in August 1945. Kevin purchased the air-



Photo by L. Wilcox Harrier

graft 11 years ago and restored it back to the Pensacola colors. Charlie Schwenker amazed the crowd in his Extra 300. There was an incredible display of formation flying that consisted of several wonderfully restored T6s. The formation of classic Warbirds was not something one would expect to see at a small show. Sean Carroll and his beautiful Yak9 tore up the skys over Culpeper. The demo is

fast paced and exciting. The headliner of the show was without a doubt Art Nalls. Art, a retired Marine, brought his L39 and his amazing British Sea Harrier, FA.2. This show was the premier performance for Art in

his Harrier. As Marine pilots like to say, "The Harrier is the best way to convert fuel into smoke and noise".



Art's Sea Harrier lives up to that in a big way. After taking off in only a few hundred feet, Art performed several high-speed flybys. Capping off his routine he hovered and turned his Harrier to the amazement of all. I've seen many Harrier demos and they never cease to amaze me. Just watching a jet aircraft hover is an incredible sight. Art Nalls has now brought the Harrier demo to the civilian airshow world. Now even the smallest shows can have an incredible military aircraft demo."

We had many more comments, however, space limitations won't allow for all of them. We do want to apologize to the members of the public who had to be turned away for lack of parking; how-

an immense crowd

on hand. The

parking lots filled

before noon and

people had to be

The Bealeton

added to the day's

festivities. Beale-

Planes performed

aerobatics as well

ton's classic Bi-

as their always

impressive wing

turned away.

Flying Circus



ever, we will endeavor to provide additional parking for future Air Fests. Please don't forget to send us your comments as we strive every year to better our event.

Also, we can't forget the following major sponsors: Terremark Worldwide, Inc., Trisept, Chemung Contracting & Cedar Mountain Stone, Deerfield Farm, Euro Composites, Evolve, and Campbell & Paris Engineers. These businesses, along with others and many volunteers, helped to make this our best show yet.

Last but not least, I'll leave you with a quote to ponder and hopefully, we gave you a "moment" on October 11, 2008.

"Life is not measured by the number of breaths we take, but by the moments that take our breath away." – Anonymous



Culpeper County Board of Supervisors

A quarterly publication

Culpeper Minutes

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dhoffman@culpepercounty.gov



YAK9 Photo by Larry Wilcox



Be looking for....
Air Fest 2009...
Coming your way

Saturday, October 10, 2009



Telephone Number for Virginia Department of Transportation (VDOT): 540-829-7500 To report Road Hazards or Snow-Flood Conditions: 800-367-7623 Toll Free